

CB-BK WE2 2026: Session: 5: COACH evaluation sheet for TEAM: HZA

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Cuyper Tibo

Coaches: Gullentops Axel

Coaches: Pieters Jana

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 34: 200M MEDLEY WOMEN 15+					Heat:10, starttime: 08:59
Heat: 10/16 Lane : 7 Athlete: VAN LOOY ANKE					Q-time: 02:37:24
PB (50m pool): 02:37.24 Antwerpen 27/07/2025 PB (25m pool): 02:32.03 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.71	01:13.44	02:01.23	02:37.24	
	00:32.71	00:40.73	00:47.79	00:36.01	
					

Coach feedback:

Event number: 39: 200M FREESTYLE MEN 15+					Heat:9, starttime: 11:30
Heat: 9/19 Lane : 1 Athlete: BROWN QUINTEN					Q-time: 02:06:92
PB (50m pool): 02:06.92 Lago Gent Rozebroeken 03/05/2026 PB (25m pool): 02:05.56 SB: 02:06.92 Lago Gent Rozebroeken 03/05/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:28.82	01:01.08	01:33.98	02:06.92	
	00:28.82	00:32.26	00:32.90	00:32.94	
					

Coach feedback:

Event number: 39: 200M FREESTYLE MEN 15+					Heat:11, starttime: 11:35
Heat: 11/19 Lane : 3 Athlete: DE CUYPER LENS					Q-time: 02:04:88
PB (50m pool): 02:04.88 Wezenberg Topsportbad, Antwerp 18/07/2025 PB (25m pool): 02:01.14 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:00.94	no time	02:04.88	
	no time				
					

Coach feedback:

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Event number: 40: 50M BREASTSTROKE WOMEN 15+				Heat:12, starttime: 12:11	
Heat: 12/12 Lane : 7 Athlete: STRUYF LIESELOT				Q-time: 00:34:25	
PB (50m pool): 00:34.15 Antwerpen 28/07/2024				PB (25m pool): 00:33.53 SB: 00:35.24 Antwerpen 22/03/2026	
	5 0 M				
PB	00:34.15				
	00:34.15				
					

Coach feedback:

Event number: 41: 50M BUTTERFLY MEN 15+				Heat:9, starttime: 12:21	
Heat: 9/24 Lane : 6 Athlete: DE CUYPER LENS				Q-time: 00:28:26	
PB (50m pool): 00:28.26 Wezenberg Topsportbad, Antwerp 18/02/2025				PB (25m pool): 00:28.30 SB: 00:28.51 Wezenberg 01/02/2026	
	5 0 M				
PB	00:28.26				
	00:28.26				
					

Coach feedback:

Event number: 41: 50M BUTTERFLY MEN 15+				Heat:22, starttime: 12:33	
Heat: 22/24 Lane : 2 Athlete: LEIRS BAVO				Q-time: 00:25:65	
PB (50m pool): 00:25.65 Antwerpen 27/04/2025				PB (25m pool): 00:25.91 SB: 00:26.08 Antwerpen 22/03/2026	
	5 0 M				
PB	00:25.65				
	00:25.65				
					

Coach feedback:

Event number: 41: 50M BUTTERFLY MEN 15+				Heat:23, starttime: 12:34	
Heat: 23/24 Lane : 4 Athlete: BERGES JENS				Q-time: 00:24:49	
PB (50m pool): 00:24.49 Antwerpen 17/05/2026				PB (25m pool): 00:24.09 SB: 00:24.49 Antwerpen 17/05/2026	
	5 0 M				
PB	00:24.49				
	00:24.49				
					

Coach feedback:

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Event number: 42: 100M BUTTERFLY WOMEN 15+		Heat:7, starttime: 12:46	
Heat: 7/9 Lane : 6 Athlete: ROMBOUT LISA			Q-time: 01:04:77
PB (50m pool): 01:03.97 Antwerpen 28/07/2024		PB (25m pool): 01:03.36 SB: 01:04.77 Antwerpen 22/03/2026	
	5 0 M	1 0 0 M	
PB	no time	01:03.97	
	no time		
			

Coach feedback: